

Print and color the cards. Review the questions and let your answers start making a positive change!



What new adventures are you ready for?

Do you believe you have all you need to get what you want?

Do you tend to overthink things too much?

On a 1-10 scale, how would you rate yourself in willingness to try new things? If less than a 5, what is the first step you need to take to move forward?



Life is all about choices. Is there a choice you need to make in your life? What is it, and would it be the right one for you?

Are you paying attention to the right things in your life? What do you tend to focus on the most?

If your thoughts are more negative, list 3 ways you can change those to more healthy and positive.

Do you ever make your decisions for the right reasons, or does things interfere with this?



Do you feel like you are juggling finances? How did you get to that position? What are the top 3 steps you can take to make a change?

See the ships in the background? How do you handle life's ups and downs?

Do you ever feel like you take on too much? Why is that?

List 3 ways you can change how you are juggling things right now so you become more balanced and less stressed.